

“...Came To Believe That A Power Greater Than Ourselves Could Restore Us To Sanity”

2nd Step - Lesson 3

Romans 1:28-32 – Furthermore, since they did not think it worthwhile to retain the knowledge of God, he gave them over to a depraved mind, to do what ought not to be done. They have become filled with every kind of wickedness, evil, greed and depravity. They are full of envy, murder, strife, deceit and malice. They are gossips, slanderers, God-haters, insolent, arrogant and boastful; they invent ways of doing evil; they disobey their parents; they are senseless, faithless, heartless, ruthless. Although they know God's righteous decree that those who do such things deserve death, they not only continue to do these very things but also approve of those who practice them. *[I'm insane if I know right from wrong but I don't care.]*

Romans 8:7 – The sinful mind is hostile to God. It does not submit to God's law, nor can it do so. Those controlled by the sinful nature cannot please God. *[I'm insane when I go against God, and I can't even imagine living any other way.]*

Luke 15: 17 – "When he came to his senses, he said, `How many of my father's hired men have food to spare, and here I am starving to death!'" *[I'm starting to get sane when I look at my messed up life and think, "What's wrong with this picture?"]*

Romans 7:19-20 – For what I do is not the good I want to do; no, the evil I do not want to do--this I keep on doing. Now if I do what I do not want to do, it is no longer I who do it, but it is sin living in me that does it. *[I'm beginning to get sane when I look at my insane behavior and want it to stop.]*

Mark 8:35 – When they came to Jesus, they found the man from whom the demons had gone out, sitting at Jesus' feet, dressed and in his right mind. *[I'm sane when I listen to God's voice of love and not to all the forces that try to destroy me.]*

Titus 2:11-12 – For the grace of God that brings salvation has appeared to all men. It teaches us to say "No" to ungodliness and worldly passions, and to live self-controlled, upright and godly lives in this present age... *[I'm sane when I'm living in God's grace and learning to think and act God's way.]*

Mark 3:20-21 – Then Jesus entered a house, and again a crowd gathered, so that he and his disciples were not even able to eat. When his family heard about this, they went to take charge of him, for they said, "He is out of his mind." *[I can't necessarily go by what other people think is sane or insane. Jesus' own family thought he was crazy for a while.]*

What are some other ways you would describe your insanity?

What are some other ways you would describe your sanity?