

“Made A Decision To Turn...”
All Guilt – Mine And That Of Others –
Over To The Grace Of God And The Blood Of Jesus

3rd Step - Lesson 10

“Therefore, there is now no condemnation for those who are in Christ Jesus, because through Christ Jesus the law of the Spirit of life set me free from the law of sin and death.” (Romans 8:1-2)

- *Not “less condemnation”, but “no condemnation”*
- *Because of Jesus’ sacrifice, my guilt level doesn’t go up and down, it remains at a constant zero*

How is my life different when Jesus handles all my guilt, and I don’t?

“All who rely on observing the law are under a curse, for it is written: ‘Cursed is everyone who does not continue to do everything written in the Book of the Law.’ Clearly no one is justified before God by the law, because, “‘The righteous will live by faith.’” (Galatians 3:10-11)

- *I’m going to experience “a curse” when I try to use the law instead of the grace of God and the blood of Jesus to manage guilt*
- *I can’t afford to use the law to manage any guilt – my own guilt or the guilt of people who have harmed me*

What are some ways I “rely on observing the law” to manage my own guilt?

1. **Trying to use “amends” to decrease my guilt**
2. **Punishing myself and hating myself because of my guilt**
3. **Improving myself as a way to offset my guilt**
4. **What else?**

What are some ways I “rely on observing the law” to manage the guilt of others?

1. **Demanding some kind of payback before I let go of my resentments**
2. **Refusing to let go of my resentments until the other person deserves it**
3. **Secretly hoping for some kind of punishment to happen to happen to the person who harmed me**
4. **What else?**

How have I experienced “the curse” that goes along with trying to use the law for managing guilt?

What happens when I “live by faith” and let Jesus handle all guilt – my own and that of others – by his grace and his blood?