

## God Calls Us Out Of Our Comfort Zones

### Lesson 1

**"Man's mind, once stretched by a new idea, never regains its original dimensions." - Oliver Wendell Holmes Jr.**

**Acts 22:2-3, 21—Then Paul said: "I am a Jew, born in Tarsus of Cilicia, but brought up in this city. Under Gamaliel I was thoroughly trained in the law of our fathers and was just as zealous for God as any of you are today... Then the Lord said to me, 'Go; I will send you far away to the Gentiles.' "**

**Luke 14:25-29—During the fourth watch of the night Jesus went out to them, walking on the lake. When the disciples saw him walking on the lake, they were terrified. "It's a ghost," they said, and cried out in fear.**

**But Jesus immediately said to them: "Take courage! It is I. Don't be afraid."**

**"Lord, if it's you," Peter replied, "tell me to come to you on the water."**

**"Come," he said.**

**Then Peter got down out of the boat, walked on the water and came toward Jesus.**



Insanity is doing the same thing over and over and expecting different results. When we're in our insane mode we do things because they're familiar and comfortable, not because they work. Think of the ways that God calls you out of your comfort zone and into new ways of thinking and living:

- From thinking "I have to do something to get God to accept me" to thinking "I'm acceptable to God just as I am, because of what Jesus has done for me"
- Facing difficult situations and emotions without drugs or alcohol
- Asking for help and listening to the wisdom of others, instead of being the Lone Ranger
- Saying, "I don't know," instead of thinking you always have to have the answer
- Accepting responsibility instead of finding someone else to blame
- What else?