

## What Do I Really Need In Life?

### Lesson 10

**Step 1: We admitted that we were powerless over our dependencies and that our lives had become unmanageable.**

**Step 2: We came to believe that a power greater than ourselves could restore us to sanity.**

People often come to Al-Anon hoping that they'll learn how to get someone else to quit drinking. People often come to AA expecting to learn a formula for quitting drinking.

Instead of learning methods to make drinking stop, they learn *powerlessness*. Instead receiving formulas for conquering alcohol, they receive *hope for a sane life*.

People often come to Jesus with the same kind of confused ideas. Look at what they receive from Jesus instead: **Matthew 9:1-8**

If this man was coming to Jesus thinking that he needed the ability to walk so that his life could have meaning, he found out that what he needed so that his life could have meaning was *forgiveness, acceptance and love*.

*"I asked God for strength that I might achieve. I was made weak that I might learn humbly to obey. I asked for health that I might do greater things. I was given infirmity that I might do better things. I asked for riches that I might be happy. I was given poverty that I might be wise. I asked for power that I might have the praise of men. I was given weakness that I might feel the need of God. I asked for all things that I might enjoy life. I was given life that I might enjoy all things. I got nothing that I asked for, but everything I hoped for. Almost despite myself, my unspoken prayers were answered. I am, among all men, most richly blessed." – Anonymous*

What have you thought you really needed in life? What are you discovering your real needs are, needs that God will always take care of?

#### WHAT I THOUGHT I NEEDED

#### WHAT I REALLY NEEDED